

You Only Live Once?



So Make Your Life Count!

THE CONCEPT OF
YOLO

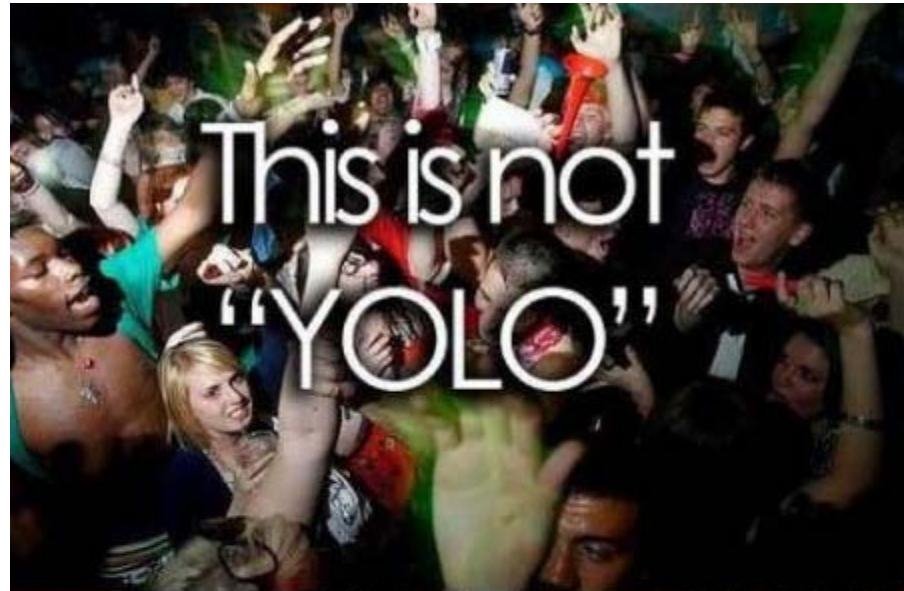
ISN'T TO GO SMOKE,
AND DRINK, AND MAKE
AN ASS OF YOURSELF.

IT'S TO GO OUT AND DO
SOMETHING WITH YOUR
LIFE THAT MATTERS.

YOLO

Choose wisely

Respecting the Value & Concept of Life



Smartly Living A Balanced Life



Divide Your Time Proportionately



Where? When? Why?

Quotes99.Com

Quotes99.Com



Quotes99.Com

Quotes99.com

**A goal without a
plan is just a wish.**

Where?

WHERE do you want to be?

When?

By WHEN do you want to get there?

Why?

WHY is this important to you?

**What is your motivation to keep you going,
to overcome obstacles & meet your goal?**

Where? When? Why?

Goals and GPS won't work without...

- No Destination = No Directions
- No Deadline = No Urgency
- No Reason Why = No Acceleration, Determination, Sacrifice, or Discipline

Make Goals Exciting Enough To Motivate You

**WAKE UP WITH
DETERMINATION.
GO TO BED WITH
SATISFACTION.**

Breaking Your Goal Down Into Action Steps

CHECKLIST

1. _____
2. _____
3. _____
4. _____
5. _____

**"A GOAL WITHOUT A
PLAN
IS JUST A DREAM."**

-DAVE RAMSEY

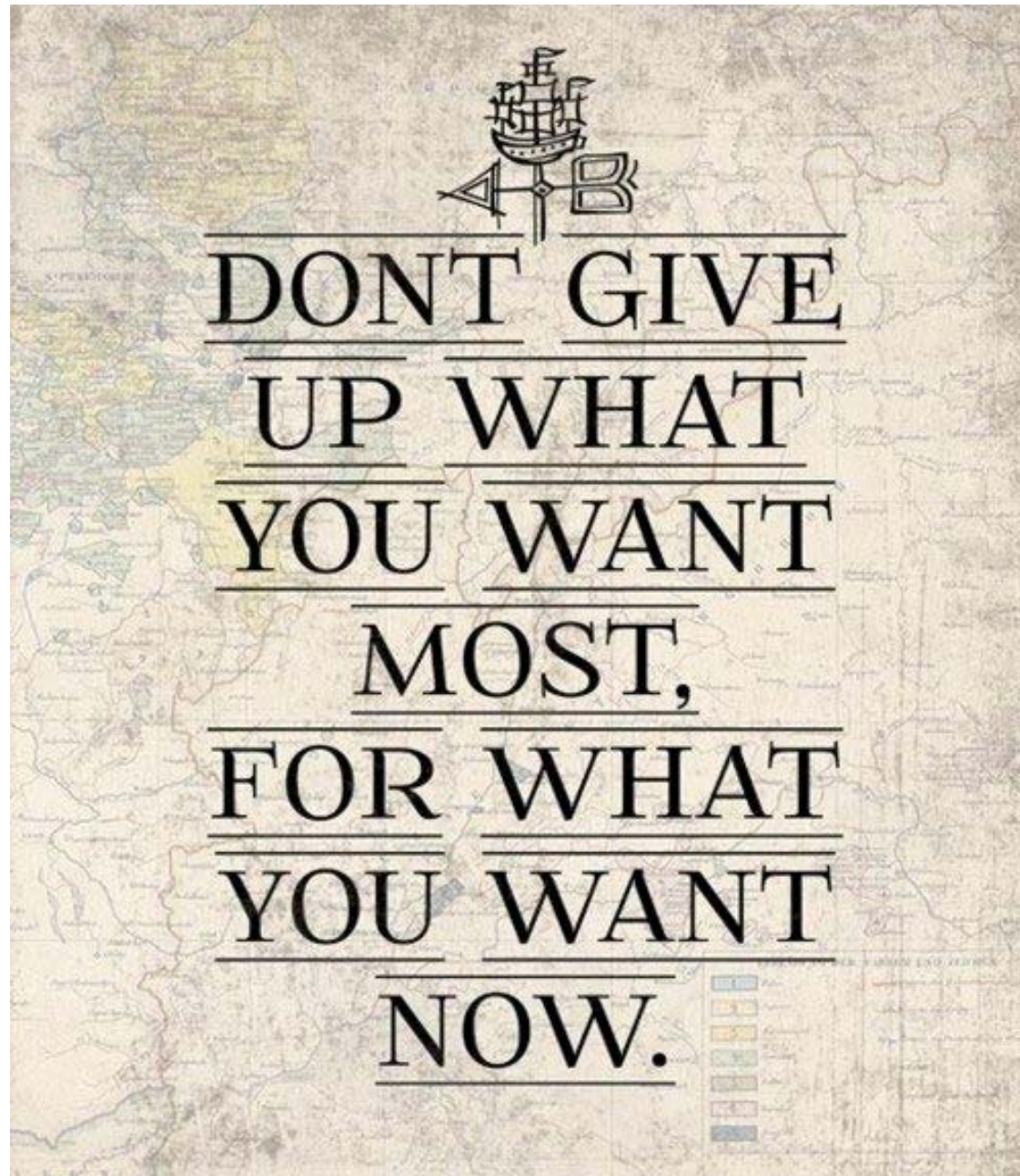
A Deadline turns a Dream into a Goal

Quotes Love and Life .com

A goal
is a
dream
with a
deadline.

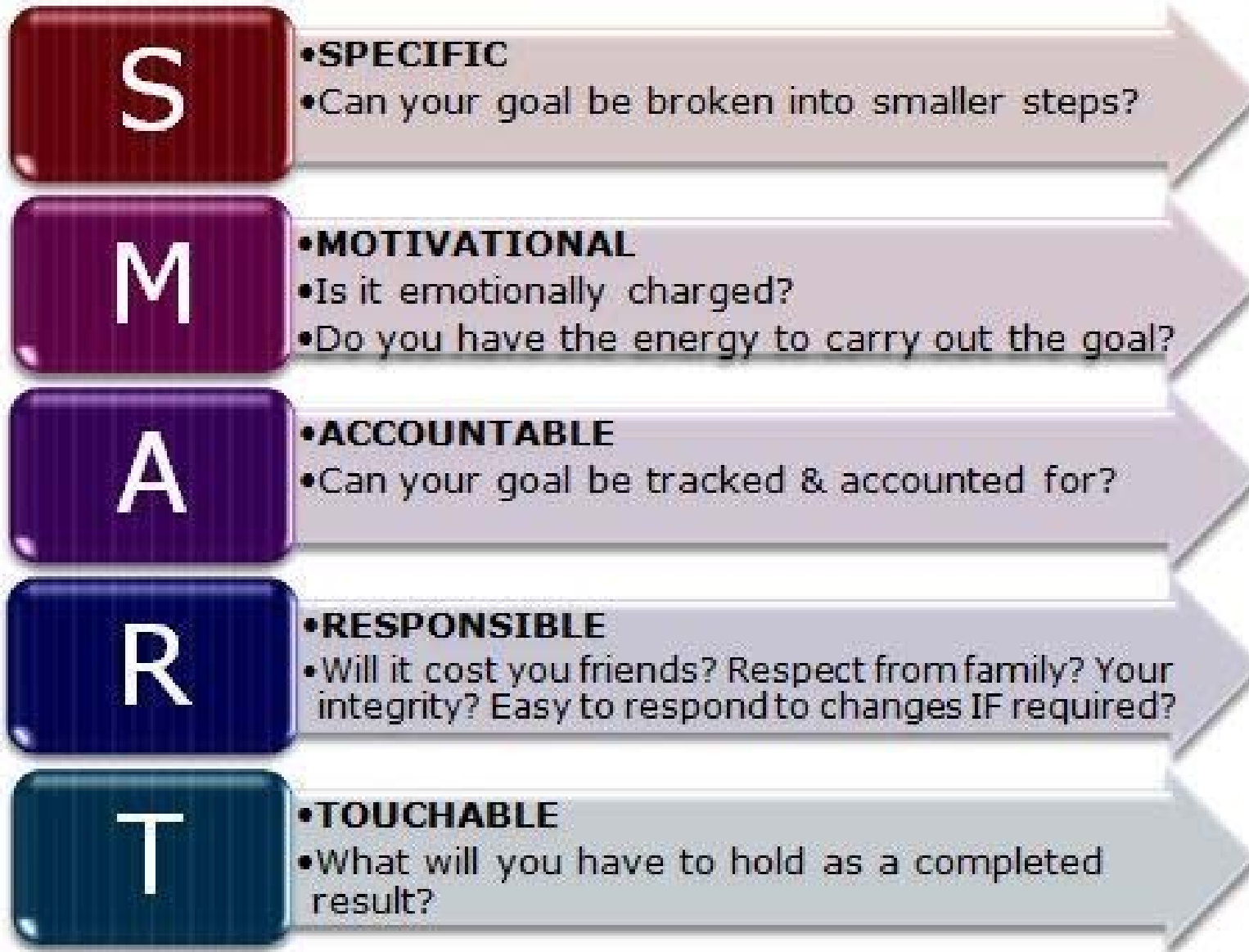
Napoleon Hill

Your Goal must outweigh Instant Gratification



DON'T GIVE
UP WHAT
YOU WANT
MOST,
FOR WHAT
YOU WANT
NOW.

Set SMART Goals



What To Adjust

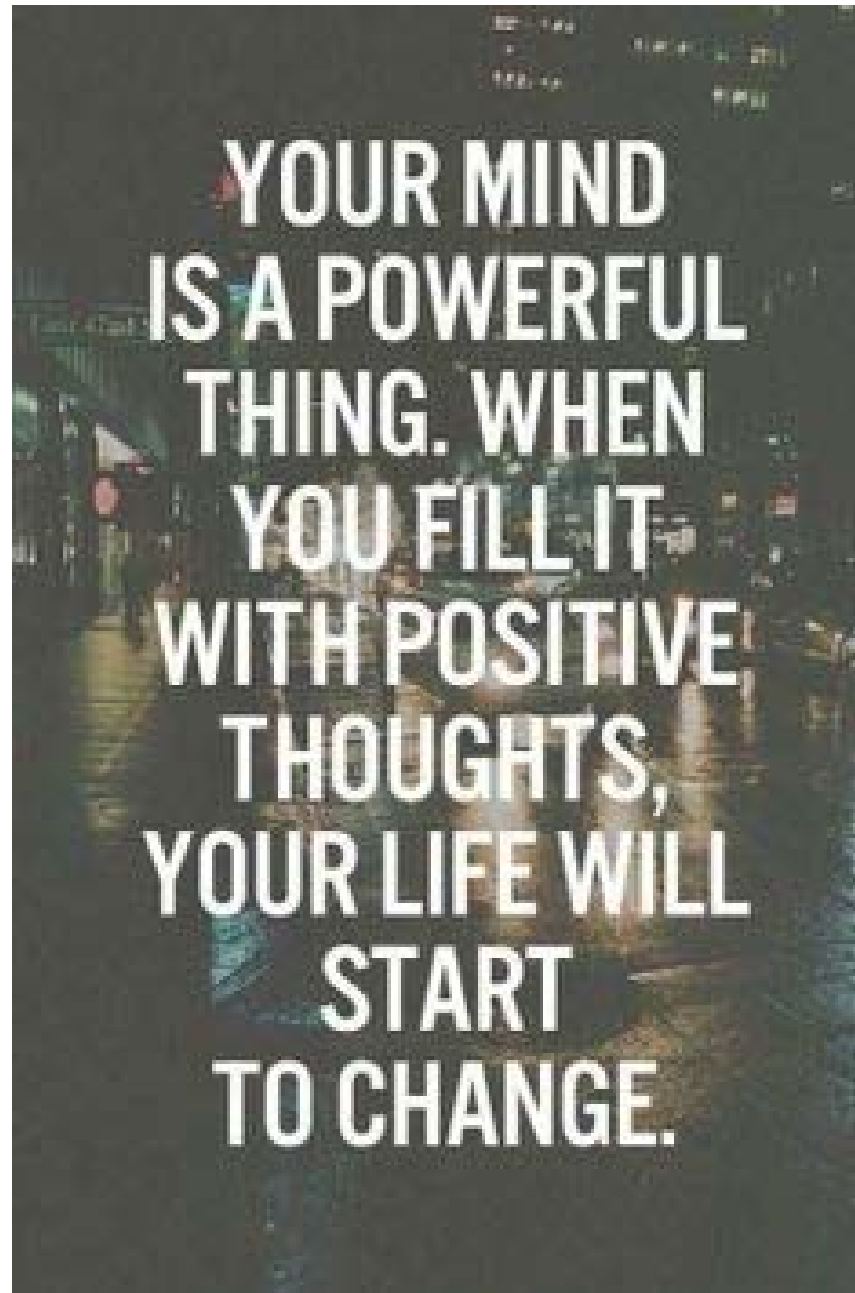
If the plan
doesn't work
change the plan
but never
the goal.

Planning and Preparation Create Expectation

YOU WERE BORN
TO WIN, BUT TO BE
A WINNER, YOU
MUST PLAN TO
WIN, PREPARE TO
WIN, AND EXPECT
TO WIN.

ZIG ZIGLAR

If You Think You Can or Can't You're Right



Daily Feed Your Mind with Positive Thoughts

If **you** realized how
powerful your **thoughts** were,
you would **never** think a
negative thought again. ~ Peace Pilgrim

ONE LOVE ✨ ONE HEART ♥ ONE VISION 🌀

Your Daily Thoughts Will Make or Break You



THE ONLY PLACE

where your

DREAM

becomes IMPOSSIBLE

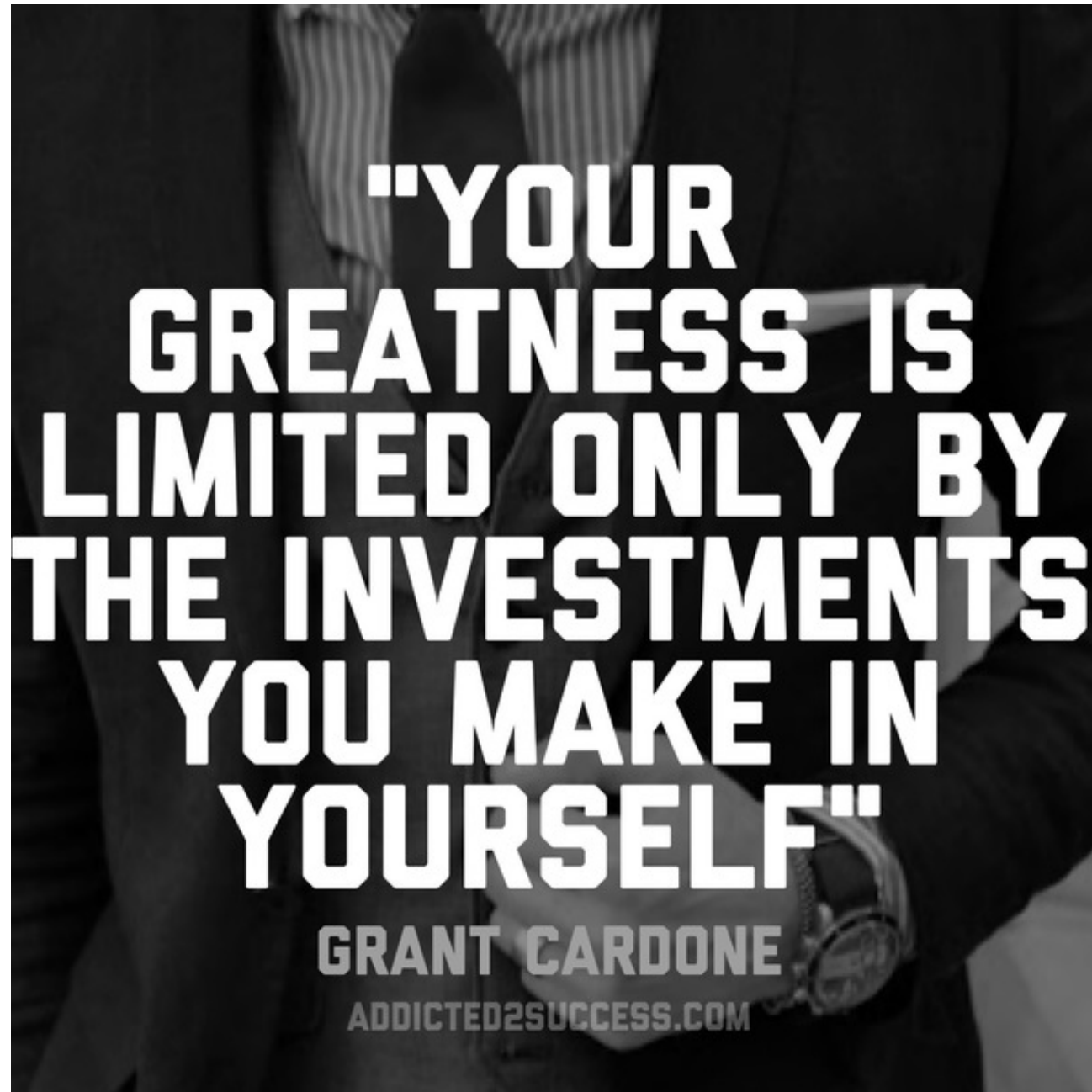
... is in your thinking

Winners Have No Excuses

“IF YOU REALLY WANT
TO DO SOMETHING,
YOU WILL FIND A
WAY. IF YOU DON'T,
YOU'LL FIND AN
EXCUSE.”

JIM ROHN

Daily Invest The Best Into Your Brain



My Destiny is My Decision

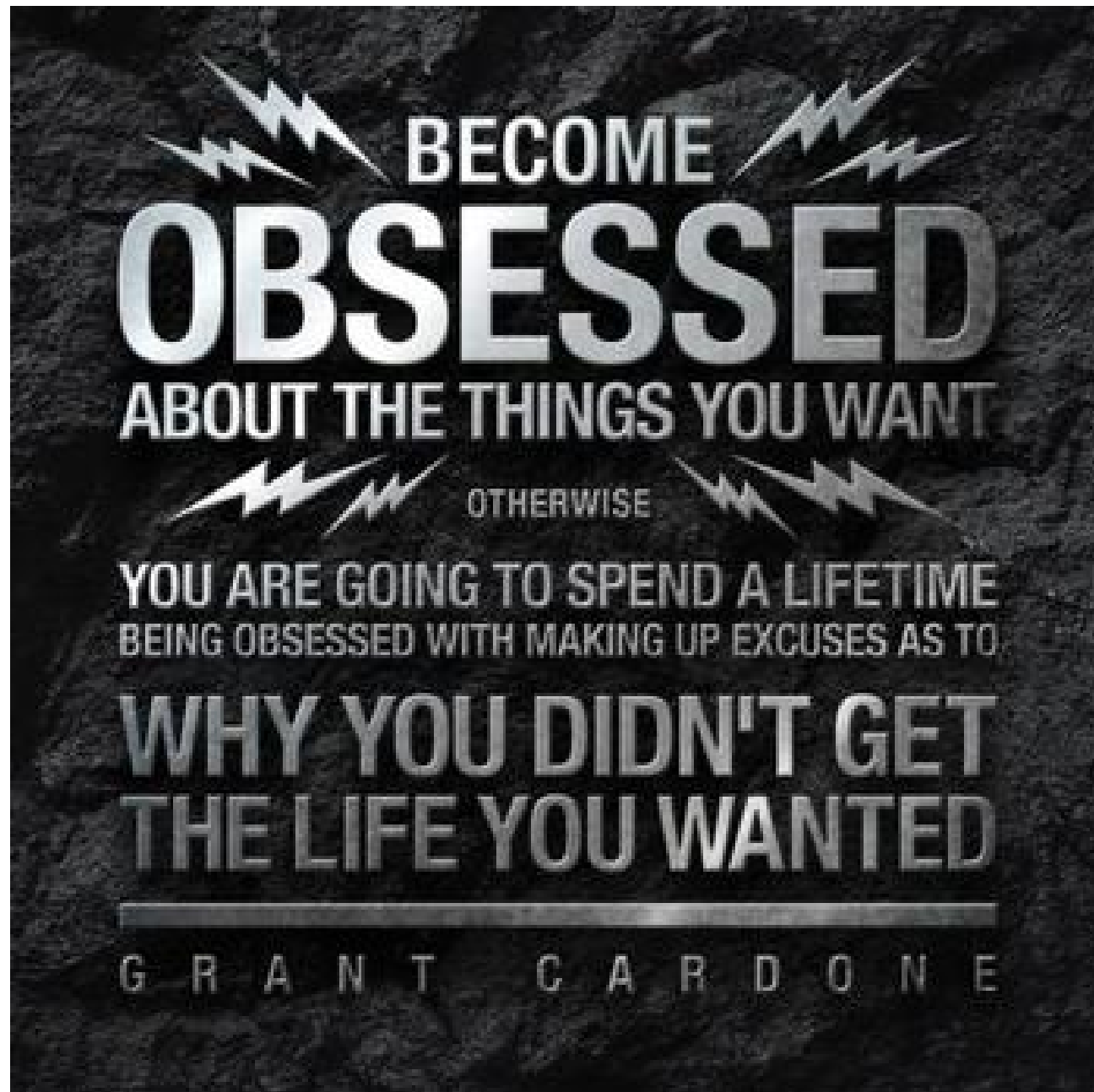
THE ONLY PERSON
YOU ARE
DESTINED
TO BECOME
IS THE PERSON YOU
DECIDE
TO BE
~ RALPH WALDO EMERSON ~

Discern and Learn To Say No

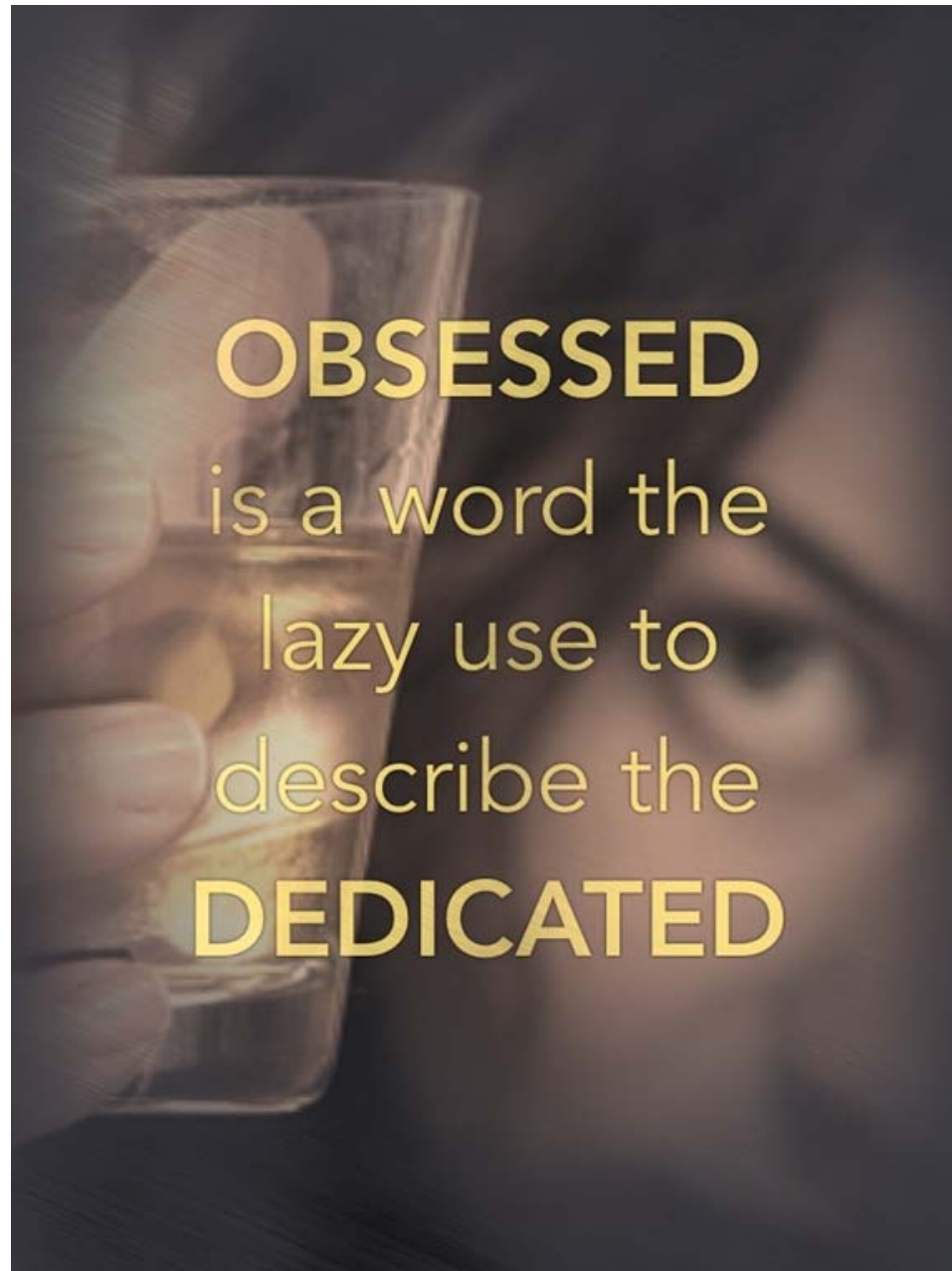
Saying no to the wrong things is as important as saying yes to the right ones.

Pamela Wilson

Read, See and Visualize Your Goals Everyday



Dedicated achievers stay focused on their Goals



Daily Focus Produces MoJo & Keeps Me Alive

Goals are not only
**absolutely
necessary**
to motivate us.

They are essential to really
keep us alive.

- Robert H. Schuller

Type it...

“If you have a goal,
write it down.
If you do not write
it down, you do
not have a goal
- you have a wish.”

- Steve Maraboli

...or Write it

"Write it down. Written goals have a way of transforming wishes into wants; can'ts into cans; dreams into plans; and plans into reality.

*Don't just think it...
ink it!"*

Then Talk it

People who wrote down their goals were 42% more likely to achieve them than the ones who didn't. Telling a friend increases this rate to 78%



[Facebook.com/neurolove.me](https://www.facebook.com/neurolove.me)

Step Plan and Do it

A DREAM WRITTEN DOWN WITH A
DATE BECOMES A **goal.**

A GOAL BROKEN DOWN INTO STEPS
BECOMES A **plan.**

A PLAN BACKED BY **action**
MAKES YOUR DREAMS COME TRUE.

- greg s. reid

Achieved Goals are Life Changing

**"DON'T LET LIFE CHANGE YOUR GOALS,
BECAUSE ACHIEVING YOUR GOALS
CAN CHANGE YOUR LIFE."**

Use Your Imagination

If you want to reach a goal,
you must 'see the
reaching' in your own mind
before you actually arrive
at your goal.



QuoteHD.com

Zig Ziglar
American author
1926 - 2012

Making Sacrifices – The Price of Success

Dave's Daily Tip

The most important decision about your goals is not what you're willing to do to achieve them, but what you are willing to give up.

daveramsey.com

Tackle Your Goals with Enthusiasm



Act Enthusiastic and You'll be Enthusiastic

What does Success do for Your Psyche?

“What you get by achieving your goals is not as important as what you become by achieving your goals.” - Johann Wolfgang von Goethe

<http://bit.ly/InternetQuotes>

Make You a Believer for Greater Goals

Disciplined Determination

I WILL FIGHT FOR IT
I WILL NOT GIVE UP
I WILL REACH MY GOAL

**ABSOLUTLY
NOTHING
WILL STOP ME**



REYOURWEEK.COM

facebook.com/RevYourWeek

Never Quit – No Never – It's not an option

MEMORIZE THESE:

"Quitters never win and winners never quit."

"Fall down seven times, get up eight."

***"If it is important to you, you will find a way.
If not, you'll find an excuse."***

"It's a lifestyle - train like there's no finish line."

"Go hard or go home."

"Crawling is acceptable. Falling is acceptable.

Puking is acceptable. Tears are acceptable.

Pain is acceptable. Injury is acceptable.

Quitting is unacceptable."

Be Exceptional

Today I will do what others won't, so tomorrow
I can accomplish what others can't. - Jerry Rice



Staying Power

**STAY POSITIVE.
STAY FIGHTING.
STAY BRAVE.
STAY AMBITIOUS.
STAY FOCUSED.
STAY STRONG.**

...MENTALITY IS EVERYTHING.

Action & Accomplishment Breed Confidence



Don't wait to feel **confident**
enough **BEFORE** you act
or you might wait forever.
CONFIDENCE is the gift
you receive **AFTER** you
have done the scary
thing.

www.lyndafield.com

Loose Friends Choose Friends

**SURROUND
YOURSELF
WITH
POSITIVE
SUCCESSFUL
PEOPLE**

Boldly Move Out of Your Comfort Zone

**MOVE OUT OF
YOUR COMFORT ZONE.**

you can only grow if you are
willing to feel awkward
and uncomfortable
when you try something **NEW.**

-Brian Tracy

Your Focus Will Make or Break You

**“OBSTACLES ARE
THINGS A PERSON
SEES WHEN HE TAKES
HIS EYES OFF HIS GOAL”**

Making Progress



The Execution of Daily Key Tasks = Success

**DO SOMETHING
TODAY THAT
YOUR FUTURE
SELF WILL
THANK YOU FOR.**

I'm Doing It For Me

**DO IT FOR
YOURSELF**

Control Your Emotions



Forgive Yourself and Move On

**Though no one can
go back and make a
brand new start**

**Anyone can start
from now and make a
brand new ending**

Schedule and Execute Today's Key Tasks



Start Right Now



I Can, I Will



Daily Create Your Success Environment

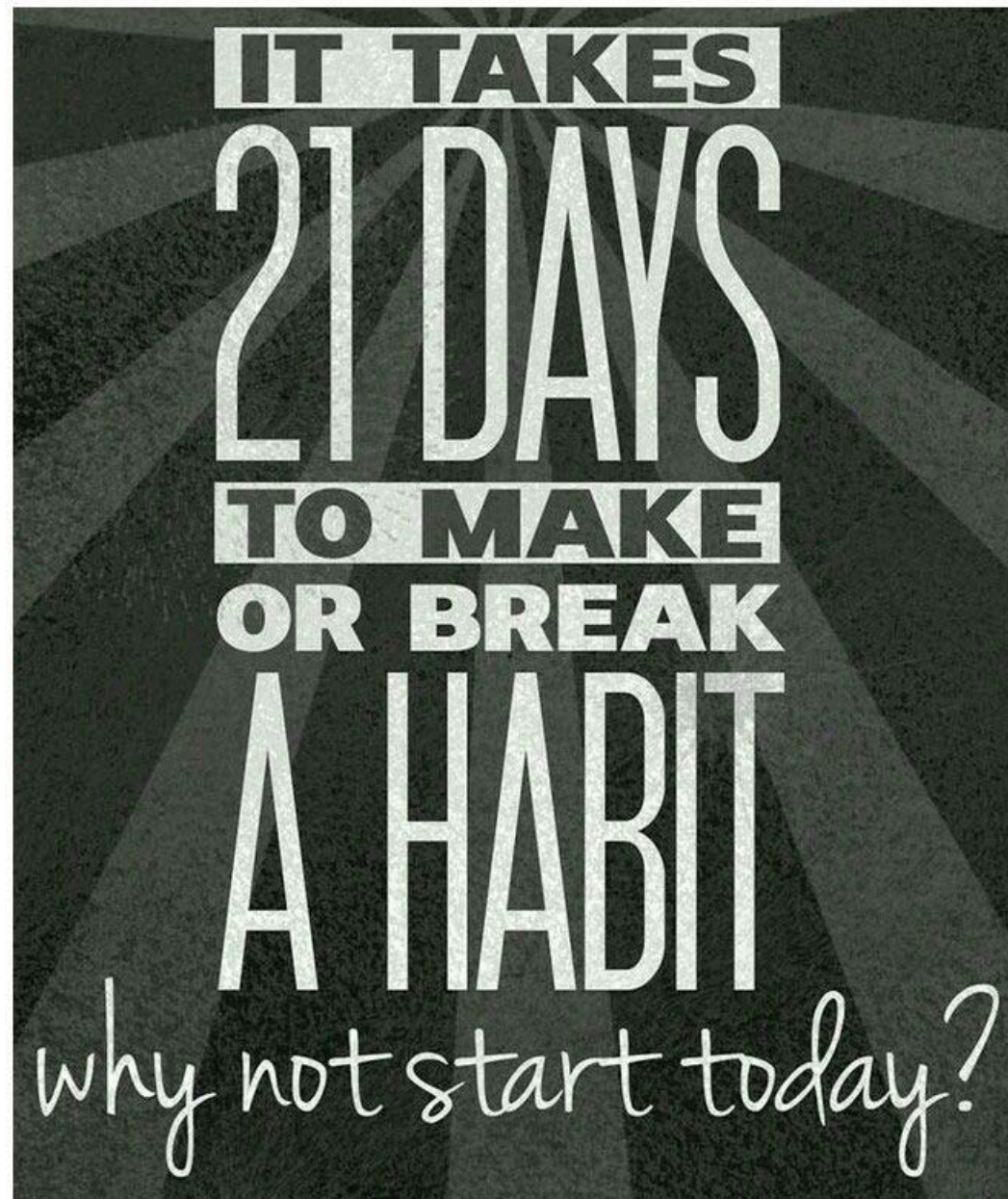
Practical SuccessNet Principle #7

**Prosperity is Attracted by
Order, Tranquility and Clarity.**

And it's Repelled by Chaos, Clutter and Confusion.

SUCCESSNET.ORG

Read this Motivation and Your Goals for...



Create A Super Successful Year Starting Now

